The Most Difficult Parts of Being a Teen

Being a teen is the hardest phase of our life. FACT HOOK Turning from a child into an adult may seem easy, but the process in between isn’t. CLARIFICATION Our teenage years provide us with many problems that challenges us in various ways. THESIS It takes us through the hardships of puberty, peer pressure, and expectations and responsibility. ARGUMENTS

As we grow into an adult our body prepares us physically and mentally to get at its best, but before it gets there we must face through the worst. TOPIC These preparations give our teenage self an enormous impact on our life as we have never experienced anything like them before. GENERAL STATEMENT In particular, both genders face emotional instability from the release of hormones through puberty. SPECIFIC This often brings our mood up and down which not only affects us but also the people around us. SPECIFIC These mood swings could cause us to act out of our usual self creating a few misunderstandings with people which could rattle the relationship in between. S Likewise, hormones also cause us to struggle through physical changes to our body. For girls, many of their body features grow larger and in the same way for guys too, the only difference is that their voice grows deeper.S Countless teenagers bear the struggle to adapt to these changes as they have to live with it their whole life. G SAll of these changes also affect the way we think and feel towards the other gender. It causes us to feel an urge of attraction towards the other gender leading to a mutual relationship which often does not last long. S  Great paragraph

Our way of thinking is not only affected by puberty but it is also affected by peer pressure. TRANS AND TOPIC  It pushes us out of our comfort zone and often puts a negative impact on our actions towards our self and others. G Commonly these days, to gain “friends” teenagers attempt to fit it in and become more noticeable. G This sad reality leads them to do things such as inflict harm on others through bullying. S Many teenagers believe that they should be a part of this bullying so that they won’t become a target instead. S Similarly, to fit in they also harm themselves through smoking, drinking, and doing drugs. S If they continue to do these unhealthy actions, it will form a craving addiction. They will never realize that what started out as an attempt to fit in became the road to their own destruction.  WELL WRITTEN

In the same way, teenagers also have to fit within their expectations and responsibilities created by adults. More often than not, the result of their expectations and responsibilities lead teenagers into thinking they are good enough. G To demonstrate, many parents worldwide give their kids expectations such as their grades in school to be fairly high in order to become a doctor or a lawyer. The majority of teenagers feel that they are a disappointment to their parents if they cannot reach their high expectations. This leads them to obtain stress or low self-esteem and either give up or intensify their studies more in fear of the expectations. S  In addition to these expectations are responsibilities which tightens up plenty of teenagers as it limits their freedoms. Responsibilities such as doing chores, studying, or even helping out other siblings prevent many teenagers to participate in fun and enjoyable events such as parties or sleepovers. S For these reasons, they feel that it is unfair and compare themselves with other kids who are out having fun. All that they can do is envy from afar and bear with expectations and responsibilities.

Given these points, teenagers will go through a series of adapting to body changes, pressures to fit in, and set expectancy and responsibilities. In these years, a lot of challenges appear to us in so many ways that we don’t expect them coming. As a child, we all thought of everything as fun and games, but everything changes once you become a teenager. In our life, being a teenager is like riding a roller coaster for it brings us through its ups and downs. Riding a rollercoaster can be fun, but living a rollercoaster is hard.